

AGENDER PRIDE DAY

Respect all
Fear none

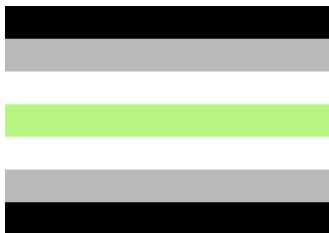
Agender Pride Day is celebrated on May 19, marking a day of visibility and solidarity for the agender community. Agender Pride Day highlights the importance of recognising and respecting the agender community, advocating for inclusivity and understanding across all spheres of society.

Agender Experience: Beyond Gender

The agender experience represents a unique perspective, characterised by the absence of an internal gender identity or very little experience of a gender.

Agender refers to an individual who does not identify with any gender or feels a lack of gender identity. They may describe themselves as having no gender, or as being genderless, gender-neutral, or gender-free.

Agender Flag



Black and White: Challenge the gender binary, representing the absence of gender.

Grey: Acknowledges the spectrum of agender experiences, from neutrality to varied connections with gender.

Green: Positioned outside the binary spectrum, green highlights the distinct and independent nature of agender experiences.

Gender Expression

- Being agender doesn't mean or imply a limit or guideline for gender expression. Someone's gender expression is solely an external representation of how an individual feels comfortable, and in no way changes their agender experience.

Pronouns

- The use of pronouns by agender individuals is highly personal and diverse. Some may prefer 'they/them', others might alternate between pronouns, and some may choose to opt out of pronouns entirely.
- Additionally, some agender individuals may feel little to no connection to specific pronouns and are comfortable with any pronoun or a combination, such as 'she/they/him'.
- This variety reflects the fluidity and individuality of their experiences and expressions.

Names

- As with pronouns, someone's name is highly personal.
- For some agender people, using a name that resonates with one's agender experience can be a journey of self-discovery, and may lead to a name that defies binary gender connotations.

Myths & Reality

Myth	Reality
Agender people simply haven't decided on a gender	Being agender is a genuine experience of lacking an internal sense of gender, not a state of indecision
Agender people aim to eliminate gender from society	Being agender is about an individual's personal experience, not a societal agenda to remove the concept of gender
Agender people are or must be asexual	Agender people may be of any sexuality

Non-Binary and Agender: A Distinctive Relationship

- **Non-binary vs agender:** Genders that sit outside of the man / woman binary are often called non-binary. This includes people whose gender is not exclusively female or male. A person might identify solely as non-binary or relate to non-binary as an umbrella term. The umbrella term includes a wide range of gender identities beyond the traditional binary, such as genderfluid, genderqueer, and bigender. While categorised as a non-binary identity, agender specifically denotes the absence of a gender identity.
- **Recognising unique perspectives:** It's essential to recognise this distinction to appreciate the unique perspectives of agender individuals within the broader non-binary community.
- **Identifying as agender:** While some who are agender might also identify with the non-binary label, others might prefer identifying solely as agender to underscore their complete absence of gender.

Allyship

Here are some tips for being a supportive agender ally:

- **Educate** yourself about agender people and their experiences.
- **Respect** individuals' pronouns and chosen names.
- **Listen** to agender voices and amplify their perspectives.
- **Challenge** gender norms and advocate for inclusive policies and spaces.
- **Stand up** against discrimination and prejudice faced by agender individuals.
- **Advocate** for the ability to select inclusive gender markers on official documents or, even better, the ability to opt out.

Support

Reach out to your relationship manager for support or join [Pride in Diversity](#), [Pride in Sport](#), [Pride in Health + Wellbeing](#).